



Women With Wings

In association with Gutsy Women Travel proudly presents

8 Day Amalfi Coast Discovery



Escorted Vacation Package

Inclusions:

- All transfers
- 7 Nights at the Europa Palace Hotel in Sorrento
- Tours and transportation as noted in Itinerary
- 7 breakfasts, 4 lunches, 4 dinners, 1 reception
- Tour Manager throughout

Highlights:

- Small Groups
- Visit Positano
- Take a speedboat to the Isle of Capri
- Drive along the picturesque Amalfi Coast
- Visit a traditional country estate and working farm
- Participate in a Neapolitan cooking demonstration, with lunch
- Taste a variety of wines
- Visit the ruins of Pompeii

There is nothing in the world like the Amalfi Coast, the rugged mountains edging Italy's western coast from Sorrento to Salerno. As you travel from Naples, the miles of hairpin turns offer spectacular vistas with changing views of landscapes, rocks plunging vertically into clear sea and charming fishing villages with brightly colored boats bobbing in small harbors. It is truly a picture-postcard panorama come to life. You'll tour Campania, see Sorrento and Positano, visit Ravello and Pompeii, enjoy a full-day speedboat excursion to the Isle of Capri and visit Anacapri and Naples. Along the way, you'll dine on typical Neapolitan foods with visits to local markets, a working farm and a private cooking demonstration. Amidst the vibrant scenery, people, shopping, food and wine of Bella Italia, this is one vacation where you will savor every moment with all of your senses. It is indeed Italy at its very finest!



DAY 1, Sunday - Arrive in Naples, Transfer to Sorrento

Arrive in Naples and transfer to your hotel along the stunning coastline of the Sorrentine Peninsula. Widely known as one of Italy's most popular beach resorts, the sea-cliff town of Sorrento rests 150 feet above the Gulf of Naples, and has fascinated travelers with its breathtaking views of the bay and Mt. Vesuvius for centuries. It is also the perfect point from which to venture to Capri, Ischia, Pompeii, Amalfi, Positano, Ravello and Paestum. In the evening, meet your group at the hotel for a welcome drink and reception followed by a welcome dinner.

Overnight: Sorrento, **Meals:** Dinner

DAY 2, Monday - Pompeii Sightseeing & Wine Tasting

After breakfast at the hotel, begin your full day excursion to the ruins of Pompeii, including the Temples of Apollo and Jupiter, and the Forum. Continue to a local farm to enjoy a taste of the famous wines of Mt. Vesuvius, accompanied by traditional local dishes

Overnight: Sorrento, **Meals:** Breakfast, Lunch

DAY 3, Tuesday - Speedboat Excursions to Capri with Sightseeing

Enjoy a full day journey to the colorful Isle of Capri by speedboat. Visit lovely Anacapri and tour the 19th-century Villa San Michele, a well-preserved example of a quintessential Roman villa, built by the Swedish royal physician Axel Munthe. Explore the charming shops and chic boutiques as you stroll the island's narrow streets. Continue to see "La Piazzetta," the social heart of the island, on your way to the open-air Gardens of Augustus, from which you can appreciate breathtaking views of the famous Faraglioni rocks.

Overnight: Sorrento, **Meals:** Breakfast, Lunch

DAY 4, Wednesday - Neapolitan Cooking Class

Today, discover typical Neapolitan cooking at the Sorrento Cooking School. Learn local Italian flair as you prepare a tasty pasta lunch under the direction of



an accredited chef, and then enjoy the fruits of your labor with a glass of select wine. The afternoon is at leisure to explore Sorrento on your own. The must-see sites for any visitor include the Basilica of St. Antonino, the Cathedral, Sedile Dominova, Saint Francis Convent, Marina Grande, the Correale Museum, the museum-workshop of Wood Intarsia, the Sorrento Cape, and Marina Puolo. This evening, enjoy dinner at your hotel.

Overnight: Sorrento, **Meals:** Breakfast, Lunch, Dinner

DAY 5, Thursday - Scenic Amalfi Coast Drive to Amalfi & Ravello

Spend a full day traveling along the scenic Amalfi Coast, a UNESCO World Cultural Heritage Site. Pass the distinctive white Moorish homes of Positano, admiring the stunning coastline edging the rugged mountains as you thread the high cliffs above the sea. See the dramatic contrasts of verdant vegetation and buildings nestled into the rocks, against the shimmering blues of the Mediterranean below. Continue to visit the beautiful town of Amalfi and its prized Cathedral, before continuing to the romantic gardens in Ravello. Tonight, enjoy dinner at a local restaurant.

Overnight: Sorrento, **Meals:** Breakfast, Dinner

DAY 6, Friday - Vannulo Country Estate Tour & Lunch

After breakfast, depart for the country estate of Barron Vannulo, one of the oldest traditional farms to incorporate modern technology in the production of the world's most famous "Mozzarella di Bufala Campania." By law, true mozzarella must be produced exclusively from whole buffalo milk, whereas other cheeses derived from cow's milk, such as Fiordilatte, are not true mozzarella. Interestingly, the breeding of milk buffaloes was introduced by the Greeks, and even today serves as the base of the region's economy. Visit the farm and its intriguing museum, followed by lunch featuring some of the farm's freshest products. Continue to the archaeological site of Paestum, a very important colony of "Magna Grecia," and delight in an exciting tour of some of the most intact and best preserved Greek temple ruins in Europe. Return to your hotel with the afternoon at leisure.

Overnight: Sorrento, **Meals:** Breakfast, Lunch

DAY 7, Saturday - Visit Positano, Farewell Dinner

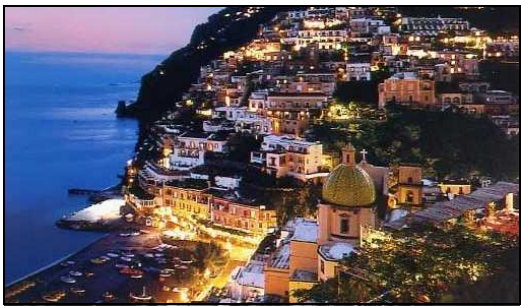
No visit to the Amalfi Coast is complete without visiting the stunning seaside town of Positano. After breakfast, you will journey along the famed Amalfi Drive from Sorrento to Positano. This drive is an event in itself as it is considered by many to be the most beautiful drive in Europe. The drive along the winding cliff-top roads offers breath-taking views at every turn. There will be time for wandering the town and exploring its cafes and shops before returning to Sorrento to enjoy the remainder of the afternoon at leisure. Tonight, celebrate your last evening in Italy at a farewell dinner at the hotel.

Overnight: Sorrento, **Meals:** Breakfast, Dinner

DAY 8, Sunday - Departure Day

Transfer to the Naples airport for your departure flight.

Meals: Breakfast



Travelling on your own and don't want to pay the single supplement?
 Gutsy Women will guarantee a share - if you book 3 months in advance they will guarantee you a roommate or they will cover the cost of a single room.
Book by December 18/09 to save up to \$200 USD per person

<i>8 Day Amalfi Coast Discovery</i>		LAND ONLY Double Occupancy
Departure Dates:	*All prices are in USD	Book by Dec. 18/09
April 18, 2010	\$2799.00	\$2599.00
June 13, 2010	\$2799.00	\$2599.00
October 10, 2010	\$2799.00	\$2599.00



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